

Name:

Address:

# Monday

If you would like breakfast on this day please choose a food and a drink option.  
Breakfast will be delivered frozen and must be cooked before eating.

Breakfast				
Breakfast	Apple & Cinnamon Porridge	<input type="checkbox"/>	Orange Juice	<input type="checkbox"/>
	Scrambled Eggs on Toast	<input type="checkbox"/>	Apple Juice	<input type="checkbox"/>

Please select a Main and Pudding option for week 1 and week 2.

Week 1		MAIN	PUDDING	
Week 1	Cottage Pie	<input type="checkbox"/>	Bakewell Sponge & Custard	<input type="checkbox"/>
	Chicken Curry	<input type="checkbox"/>	Coffee Dessert	<input type="checkbox"/>
	Macaroni Cheese (V)	<input type="checkbox"/>		

Week 2		MAIN	PUDDING	
Week 2	Cottage Pie	<input type="checkbox"/>	Bakewell Sponge & Custard	<input type="checkbox"/>
	Chicken Curry	<input type="checkbox"/>	Coffee Dessert	<input type="checkbox"/>
	Macaroni Cheese (V)	<input type="checkbox"/>		

If you would like tea on this day please choose a sandwich and pudding option.  
The puréed sandwich will be delivered frozen and must be cooked before eating.

Tea		SANDWICH	PUDDING	
Tea	Hot Tuna Sandwich	<input type="checkbox"/>	Chocolate Mousse	<input type="checkbox"/>
	Hot Cheese Sandwich (V)	<input type="checkbox"/>	Strawberry Mousse	<input type="checkbox"/>

Optional extra drinks are available for an additional charge of 55p per drink.

Extras				
Extras	Orange Juice	<input type="checkbox"/>	Bottled Water	<input type="checkbox"/>
	Apple Juice	<input type="checkbox"/>		

(V) = Vegetarian

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## Tuesday

If you would like breakfast on this day please choose a food and a drink option.

Breakfast will be delivered frozen and must be cooked before eating.

Breakfast				
Breakfast	Apple & Cinnamon Porridge	<input type="checkbox"/>	Orange Juice	<input type="checkbox"/>
	Scrambled Eggs on Toast	<input type="checkbox"/>	Apple Juice	<input type="checkbox"/>

Please select a Main and Pudding option for week 1 and week 2.

Week 1		MAIN	PUDDING	
Week 1	Lamb Stew	<input type="checkbox"/>	Lemon Sponge with Lemon Sauce	<input type="checkbox"/>
	Fish Mornay	<input type="checkbox"/>	Chocolate Mousse	<input type="checkbox"/>
	Mediterranean Veg. (V)	<input type="checkbox"/>		

Week 2		MAIN	PUDDING	
Week 2	Lamb Stew	<input type="checkbox"/>	Lemon Sponge with Lemon Sauce	<input type="checkbox"/>
	Fish Mornay	<input type="checkbox"/>	Chocolate Mousse	<input type="checkbox"/>
	Mediterranean Veg. (V)	<input type="checkbox"/>		

If you would like tea on this day please choose a sandwich and pudding option. The puréed sandwich will be delivered frozen and must be cooked before eating.

Tea		SANDWICH	PUDDING	
Tea	Hot Bacon Sandwich	<input type="checkbox"/>	Coffee Dessert	<input type="checkbox"/>
	Hot Cheese Sandwich (V)	<input type="checkbox"/>	Strawberry Mousse	<input type="checkbox"/>

Optional extra drinks are available for an additional charge of 55p per drink.

Extras				
Extras	Orange Juice	<input type="checkbox"/>	Bottled Water	<input type="checkbox"/>
	Apple Juice	<input type="checkbox"/>		

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# Wednesday

If you would like breakfast on this day please choose a food and a drink option.  
Breakfast will be delivered frozen and must be cooked before eating.

Breakfast				
Breakfast	Apple & Cinnamon Porridge	<input type="checkbox"/>	Orange Juice	<input type="checkbox"/>
	Scrambled Eggs on Toast	<input type="checkbox"/>	Apple Juice	<input type="checkbox"/>

Please select a Main and Pudding option for week 1 and week 2.

Week 1		MAIN	PUDDING	
Week 1	Chicken & Veg. Casserole	<input type="checkbox"/>	Apple Pie & Custard	<input type="checkbox"/>
	Sausages in Onion Gravy	<input type="checkbox"/>	Strawberry Mousse	<input type="checkbox"/>
	Cheesy Potato Bake (V)	<input type="checkbox"/>		

Week 2		MAIN	PUDDING	
Week 2	Chicken & Veg. Casserole	<input type="checkbox"/>	Apple Pie & Custard	<input type="checkbox"/>
	Sausages in Onion Gravy	<input type="checkbox"/>	Strawberry Mousse	<input type="checkbox"/>
	Cheesy Potato Bake (V)	<input type="checkbox"/>		

If you would like tea on this day please choose a sandwich and pudding option.  
The puréed sandwich will be delivered frozen and must be cooked before eating.

Tea		SANDWICH	PUDDING	
Tea	Hot Tuna Sandwich	<input type="checkbox"/>	Chocolate Mousse	<input type="checkbox"/>
	Hot Cheese Sandwich (V)	<input type="checkbox"/>	Coffee Dessert	<input type="checkbox"/>

Optional extra drinks are available for an additional charge of 55p per drink.

Extras				
Extras	Orange Juice	<input type="checkbox"/>	Bottled Water	<input type="checkbox"/>
	Apple Juice	<input type="checkbox"/>		

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## Thursday

If you would like breakfast on this day please choose a food and a drink option.  
Breakfast will be delivered frozen and must be cooked before eating.

Breakfast				
Breakfast	Apple & Cinnamon Porridge	<input type="checkbox"/>	Orange Juice	<input type="checkbox"/>
	Scrambled Eggs on Toast	<input type="checkbox"/>	Apple Juice	<input type="checkbox"/>

Please select a Main and Pudding option for week 1 and week 2.

Week 1		MAIN	PUDDING	
Week 1	Rich Beef Stew	<input type="checkbox"/>	Bakewell Sponge & Custard	<input type="checkbox"/>
	Chicken in Gravy	<input type="checkbox"/>	Coffee Dessert	<input type="checkbox"/>
	Macaroni Cheese (V)	<input type="checkbox"/>		

Week 2		MAIN	PUDDING	
Week 2	Rich Beef Stew	<input type="checkbox"/>	Bakewell Sponge & Custard	<input type="checkbox"/>
	Chicken in gravy	<input type="checkbox"/>	Coffee Dessert	<input type="checkbox"/>
	Macaroni Cheese (V)	<input type="checkbox"/>		

If you would like tea on this day please choose a sandwich and pudding option.  
The puréed sandwich will be delivered frozen and must be cooked before eating.

Tea		SANDWICH	PUDDING	
Tea	Hot Bacon Sandwich	<input type="checkbox"/>	Chocolate Mousse	<input type="checkbox"/>
	Hot Cheese Sandwich (V)	<input type="checkbox"/>	Strawberry Mousse	<input type="checkbox"/>

Optional extra drinks are available for an additional charge of 55p per drink.

Extras				
Extras	Orange Juice	<input type="checkbox"/>	Bottled Water	<input type="checkbox"/>
	Apple Juice	<input type="checkbox"/>		

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## Friday

If you would like breakfast on this day please choose a food and a drink option.  
Breakfast will be delivered frozen and must be cooked before eating.

Breakfast				
Breakfast	Apple & Cinnamon Porridge	<input type="checkbox"/>	Orange Juice	<input type="checkbox"/>
	Scrambled Eggs on Toast	<input type="checkbox"/>	Apple Juice	<input type="checkbox"/>

Please select a Main and Pudding option for week 1 and week 2.

Week 1		MAIN	PUDDING	
Week 1	Salmon Supreme	<input type="checkbox"/>	Lemon Sponge with Lemon Sauce	<input type="checkbox"/>
	Cottage Pie	<input type="checkbox"/>	Chocolate Mousse	<input type="checkbox"/>
	Cheesy Potato Bake (V)	<input type="checkbox"/>		

Week 2		MAIN	PUDDING	
Week 2	Salmon Supreme	<input type="checkbox"/>	Lemon Sponge with Lemon Sauce	<input type="checkbox"/>
	Cottage Pie	<input type="checkbox"/>	Chocolate Mousse	<input type="checkbox"/>
	Cheesy Potato Bake (V)	<input type="checkbox"/>		

If you would like tea on this day please choose a sandwich and pudding option.  
The puréed sandwich will be delivered frozen and must be cooked before eating.

Tea		SANDWICH	PUDDING	
Tea	Hot Tuna Sandwich	<input type="checkbox"/>	Coffee Dessert	<input type="checkbox"/>
	Hot Cheese Sandwich (V)	<input type="checkbox"/>	Strawberry Mousse	<input type="checkbox"/>

Optional extra drinks are available for an additional charge of 55p per drink.

Extras				
Extras	Orange Juice	<input type="checkbox"/>	Bottled Water	<input type="checkbox"/>
	Apple Juice	<input type="checkbox"/>		

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# Saturday

If you would like breakfast on this day please choose a food and a drink option.  
Breakfast will be delivered frozen and must be cooked before eating.

Breakfast				
Breakfast	Apple & Cinnamon Porridge	<input type="checkbox"/>	Orange Juice	<input type="checkbox"/>
	Scrambled Eggs on Toast	<input type="checkbox"/>	Apple Juice	<input type="checkbox"/>

Please select a Main and Pudding option for week 1 and week 2.

Week 1		MAIN	PUDDING	
Week 1	Pork Casserole	<input type="checkbox"/>	Apple Pie & Custard	<input type="checkbox"/>
	Chicken in Gravy	<input type="checkbox"/>	Strawberry Mousse	<input type="checkbox"/>
	Macaroni Cheese (V)	<input type="checkbox"/>		

Week 2		MAIN	PUDDING	
Week 2	Pork Casserole	<input type="checkbox"/>	Apple Pie & Custard	<input type="checkbox"/>
	Chicken in Gravy	<input type="checkbox"/>	Strawberry Mousse	<input type="checkbox"/>
	Macaroni Cheese (V)	<input type="checkbox"/>		

If you would like tea on this day please choose a sandwich and pudding option.  
The puréed sandwich will be delivered frozen and must be cooked before eating.

Tea		SANDWICH	PUDDING	
Tea	Hot Bacon Sandwich	<input type="checkbox"/>	Chocolate Mousse	<input type="checkbox"/>
	Hot Cheese Sandwich (V)	<input type="checkbox"/>	Coffee Dessert	<input type="checkbox"/>

Optional extra drinks are available for an additional charge of 55p per drink.

Extras				
Extras	Orange Juice	<input type="checkbox"/>	Bottled Water	<input type="checkbox"/>
	Apple Juice	<input type="checkbox"/>		

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# Sunday

If you would like breakfast on this day please choose a food and a drink option.  
Breakfast will be delivered frozen and must be cooked before eating.

Breakfast				
Breakfast	Apple & Cinnamon Porridge	<input type="checkbox"/>	Orange Juice	<input type="checkbox"/>
	Scrambled Eggs on Toast	<input type="checkbox"/>	Apple Juice	<input type="checkbox"/>

Please select a Main and Pudding option for week 1 and week 2.

Week 1		MAIN	PUDDING	
Week 1	Turkey in Gravy	<input type="checkbox"/>	Bakewell Sponge & Custard	<input type="checkbox"/>
	Rich beef Stew	<input type="checkbox"/>	Coffee Dessert	<input type="checkbox"/>
	Mediterranean Veg. (V)	<input type="checkbox"/>		

Week 2		MAIN	PUDDING	
Week 2	Turkey in Gravy	<input type="checkbox"/>	Bakewell Sponge & Custard	<input type="checkbox"/>
	Rich Beef Stew	<input type="checkbox"/>	Coffee Dessert	<input type="checkbox"/>
	Mediterranean Veg. (V)	<input type="checkbox"/>		

If you would like tea on this day please choose a sandwich and pudding option.  
The puréed sandwich will be delivered frozen and must be cooked before eating.

Tea		SANDWICH	PUDDING	
Tea	Hot Tuna Sandwich	<input type="checkbox"/>	Chocolate Mousse	<input type="checkbox"/>
	Hot Cheese Sandwich (V)	<input type="checkbox"/>	Strawberry Mousse	<input type="checkbox"/>

Optional extra drinks are available for an additional charge of 55p per drink.

Extras				
Extras	Orange Juice	<input type="checkbox"/>	Bottled Water	<input type="checkbox"/>
	Apple Juice	<input type="checkbox"/>		

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