Address:

Frozen Meals Menu - Week 1

Please select the main meals you would like in week 1. You can pick up to 7 options. You can pick the same option as many times as you would like.

	Main Meal	1	2	3	4	5	6	7
	Chicken & Mushroom Pie							
	Chicken Chasseur							
	Chicken Supreme							
Z	Chicken & Veg Casserole							
Poultry	Chicken Breast in Cheese & Bacon Sauce							
Pc	Chicken & Veg Pie							
	Chicken Breast with Parsley Potatoes							
	Chicken & Bacon Hotpot							
	Turkey & Stuffing							
	Beef with Roast Potatoes							
	Mince Beef & Onion Pie							
	Braised Steak							
Beef	Savoury Mince Beef							
Be	Steak & Kidney Pie							
	Steak & Mushroom Casserole							
	Cottage Pie							
	Beef Stew & Dumpling							
	Minted Lamb & Dumpling							
	Lancashire Hot Pot							
Lamb	Shepherd's Pie							
Ľ	Irish Stew							
	Lamb in Minty Gravy							

Address:

	Main Meal	1	2	3	4	5	6	7
	Pork & Root Vegetable Casserole							
Pork	Sausages in Onion Gravy							
Ро	Pork Loin & Stuffing							
	Cumberland Sausages							
ĥ	Fisherman's Pie							
Fish	Fish Cakes							
	Provencale Vegetable Bake (Vg)							
Vegetarian	Cauliflower & Broccoli Cheese (V)							
	Vegetable Lasagne (V)							
	Mushroom, Leek & Cheddar Bake (V)							
	Vegetarian Cottage Pie (V)							
	Katsu Curry (Vg)							
	Cheese & Onion Pie (V)							
ege.	Spicy Bean Casserole (Vg)							
>	Spanish Omelette (V)							
	Omelette (V)							
	Cheese, Onion & Leek Potato Bake (V)							
	Lentil & Vegetable Pie (Vg)							
	West Country Macaroni Cheese (V)							
	Cheesy Vegetable Bake (V)							
	Potato & Leek (V)							
	Pea & Ham							
*	Chunky Vegetable (V)							
Soup*	Lentil (Vg)							
S	Scotch Broth (Vg)							
	Cream of Mushroom (V)							
	Tomato (V)							

Address:

Please select the puddings you would like in week 1. You can pick up to 7 options. You can pick the same option as many times as you would like.

	Puddings	1	2	3	4	5	6	7
	Rhubarb Crumble & Custard							
	Orange Sponge with Orange Sauce & Custard							
	Rice & Stewed Apple							
	Apple Pie & Custard							
	Ginger Sponge & Custard							
gs	Bread & Butter Pudding & Custard							
Hot Puddings	Plum & Cherry Crumble with White Chocolate Custard							
ot P	Bakewell Tart & Custard							
H	Lemon Sponge with Lemon Sauce & Custard							
	Apricot Crumble & Custard							
	Sticky Toffee Pudding with Caramel Sauce							
	Summer Fruit Pie & Custard							
	Jam Sponge & Custard							
	Baked Fruit Bread Pudding & Custard							
	Blackcurrant Cheesecake							
	Coffee Dessert							
SS	Apricot & Peach Mousse							
ding	Raspberry Dessert							
Pud	Chocolate Mousse							
Cold Puddings	Fruit Trifle							
ŭ	Strawberry Mousse							
	Fruit Cocktail							
	Strawberry Cheesecake							

Address:

Frozen Meals Menu - Week 2

Please select the main meals you would like in week 2. You can pick up to 7 options. You can pick the same option as many times as you would like.

	Main Meal	1	2	3	4	5	6	7
	Chicken & Mushroom Pie							
	Chicken Chasseur							
	Chicken Supreme							
Z	Chicken & Veg Casserole							
Poultry	Chicken Breast in Cheese & Bacon Sauce							
Pc	Chicken & Veg Pie							
	Chicken Breast with Parsley Potatoes							
	Chicken & Bacon Hotptot							
	Turkey & Stuffing							
	Beef with Roast Potatoes							
	Mince Beef & Onion Pie							
	Braised Steak							
Beef	Savoury Mince Beef							
Be	Steak & Kidney Pie							
	Steak & Mushroom Casserole							
	Cottage Pie							
	Beef Stew & Dumpling							
	Minted Lamb & Dumpling							
	Lancashire Hot Pot							
Lamb	Shepherd's Pie							
Ľ	Irish Stew							
	Lamb in Minty Gravy							

Address:

	Main Meal	1	2	3	4	5	6	7
	Pork & Root Vegetable Casserole							
Pork	Sausages in Onion Gravy							
Po	Pork Loin & Stuffing							
	Cumberland Sausages							
Fish	Fisherman's Pie							
Εi	Fish Cakes							
	Provencale Vegetable Bake (Vg)							
	Cauliflower & Broccoli Cheese (V)							
	Vegetable Lasagne (V)							
	Mushroom, Leek & Cheddar Bake (V)							
	Vegetarian Cottage Pie (V)							
ne	Katsu Curry (Vg)							
taria	Cheese & Onion Pie (V)							
Vegetarian	Spicy Bean Casserole (Vg)							
Š	Spanish Omelette (V)							
	Omelette (V)							
	Cheese, Onion & Leek Potato Bake (V)							
	Lentil & Vegetable Pie (Vg)							
	West Country Macaroni Cheese (V)							
	Cheesy Vegetable Bake (V)							
	Potato & Leek (V)							
	Pea & Ham							
*	Chunky Vegetable (V)							
Soup*	Lentil (Vg)							
S	Scotch Broth (Vg)							
	Cream of Mushroom (V)							
	Tomato (V)							

Address:

Please select the puddings you would like in week 2. You can pick up to 7 options. You can pick the same option as many times as you would like.

	Puddings	1	2	3	4	5	6	7
	Rhubarb Crumble & Custard							
	Orange Sponge with Orange Sauce & Custard							
	Rice & Stewed Apple							
	Apple Pie & Custard							
	Ginger Sponge & Custard							
gs	Bread & Butter Pudding & Custard							
Hot Puddings	Plum & Cherry Crumble with White Chocolate Custard							
ot P	Bakewell Tart & Custard							
H	Lemon Sponge with Lemon Sauce & Custard							
	Apricot Crumble & Custard							
	Sticky Toffee Pudding with Caramel Sauce							
	Summer Fruit Pie & Custard							
	Jam Sponge & Custard							
	Baked Fruit Bread Pudding & Custard							
	Blackcurrant Cheesecake							
	Coffee Dessert							
SS	Apricot & Peach Mousse							
ding	Raspberry Dessert							
Pud	Chocolate Mousse							
Cold Puddings	Fruit Trifle							
ŭ	Strawberry Mousse							
	Fruit Cocktail							
	Strawberry Cheesecake							